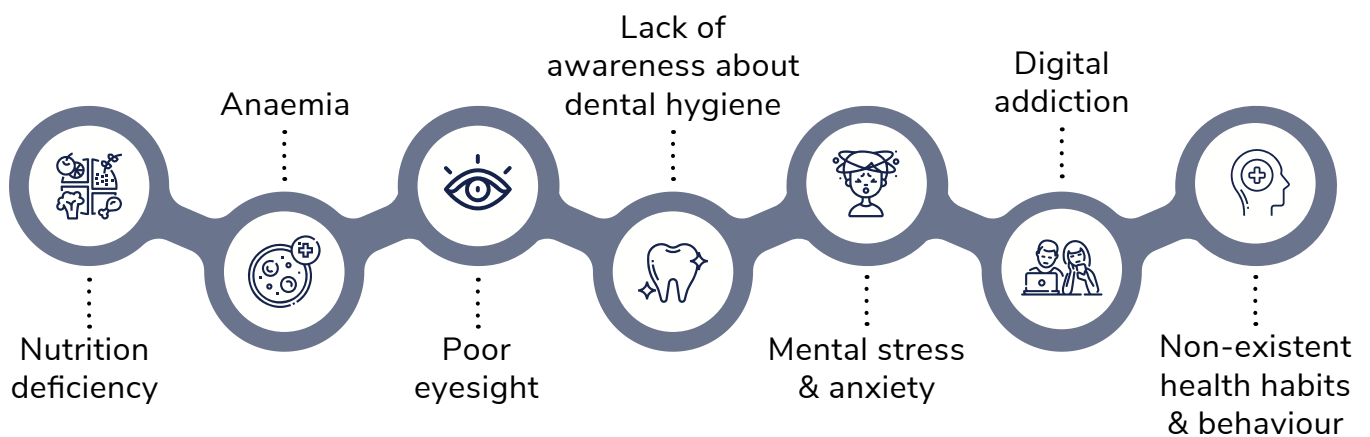




Technology Solution for Child and Youth Healthcare

Habits acquired during youth set the stage for a healthy and productive adulthood. Most school going children are presumed to be healthy but, as per WHO, an estimated 2.6 million young people aged 10 to 24 years die each year and a much greater number of young people suffer from illnesses that hinder their ability to grow and develop to their full potential. Nearly two-thirds of premature deaths and one-third of the total disease burden in adults are associated with conditions or behaviours initiated in their youth that include tobacco use, physical inactivity, high risk sexual behaviours, injury, violence and others.

Key Health Challenges Faced By Children And Young Adults Are



Motivating children and youngsters to develop lifestyle habits will help them support their good health for years to come. Our emphasis is to work with parents, children and educational institutions to promote health & wellness resources beyond disease & injury prevention. It is important to form a daily routine that focuses on eating nutritious foods, doing regular physical activity, and getting adequate sleep.

These healthy habits form behaviours that contribute in:

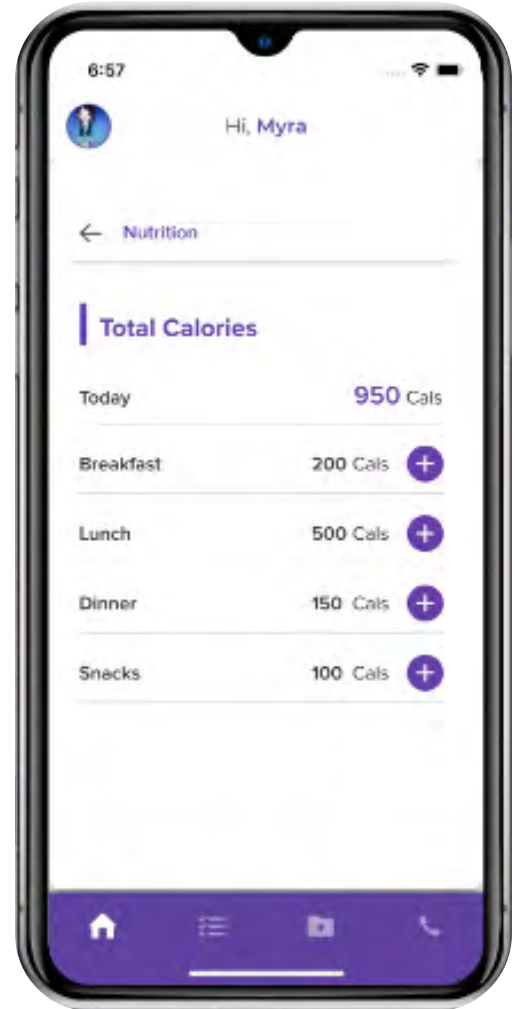
- ▶ Accelerated growth & development
- ▶ Active mind with a positive attitude
- ▶ Physically fit body with optimum weight
- ▶ Prevention of iron deficiency in the body
- ▶ Healthy eyesight by preventing any strain on eyes
- ▶ Reduced chances of developing diabetes & heart disease in future



Solution

REAN HealthGuru is an easy-to-use, engaging mobile application that could help children get all information about food nutrition to prevent anemia, poor vision, tooth decay etc. and maintain a healthy body. They can also use the app to access counselling videos, motivational webinars and mind games to relieve stress and maintain a healthy mind. The app also allows youngsters to become part of a health-oriented community to discuss their issues and understand health challenges like digital addiction as well as get tips around nutritious diet, exercise for fitness and correct posture, eye care and regular hygiene, etc.

The mobile platform helps educational institutions to overcome the shortage of medical resources and provides the tools to bridge the lack of skills and expertise and offer healthcare technological support to be used by children and parent communities.



REAN HealthGuru is a smart mobile application that can help users monitor and support the transition and recovery after surgery, both in urban and rural settings. The platform can effectively help during the postoperative period for: setting reminders for follow-up visits, regularly monitoring the progress and tracking vitals to identify onset of any complications as they appear.

Learn more about REAN HealthGuru services here.



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